## **HUMORFUSION**<sup>sm</sup>

## Successful Strategies for People Under Pressure

**Roz Trieber** works with organizations to reduce stress and increase productivity.



## What clients have to say:

"Not only was your presentation very entertaining, it also provided us with ways to combat the stressors of life and help us continue to smile and laugh while getting our jobs done. This is extremely important for the administrative staff here at Beers & Cutler as we embark upon our busy tax season."

> - Regina G. Graham Treasurer,

Delaware-Maryland-District of Columbia Division; International Association of Administrative Professionals

"Thank you for providing us with fun, real life examples of stress-reduction techniques that we can incorporate into our daily routines."

> -Jay Eagen Chief Administrative Officer; Federal Government

"You made us realize that we can take our careers seriously and still laugh at ourselves and the world around us. "

President, Legal Secretaries of D.C., Inc.

"The very next day, the president of the company designated a coordinator for a humor committee to include representatives from every department to help implement ideas you presented at our "Humor in the Workplace" seminar.

> -Ken Williams BUCS FEDERAL BANK

"You taught me how to turn on the fun when working with difficult people and personalities. I learned concrete techniques for the workplace that can be implemented immediately."

> -Cynthia Powell George Washington University

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## **HUMORFUSION**<sup>sm</sup> FOR BUSINESS SUCCESS

Successful Strategies for Combining Appropriate Humor and Theater Arts to increase Productivity and Profits in the Workplace.

- Demonstrates the role **HUMORFUSION**<sup>sm</sup> plays in:
  - Problem solving
  - Diversity training
  - o Improving the ability to think and act on your feet
  - o Overcoming the challenges of working with difficult people
  - Increasing productivity
- Provides interactive opportunities for employees to apply creative skills that build trust, reduce resistance to changes resulting in shared leadership and the discovery of new solutions



MEMBER Roz Trieber, health educator and creator of Humorfusion<sup>sm</sup>, has over 20 years' experience teaching people

how to manage stress and laugh at life. **HUMORFUSION**<sup>sm</sup> combines appropriate humor and simple Improvisational skills to grow your bottom line as your employees discover how to take the job seriously and themselves lightly. Roz presents her effective and creative programs healthcare, and educational business, organizations such as Center for Medicare and Medicaid, BUC's Federal Bank; the National Institutes of Health, Environmental Protection Agency, Baltimore Marriott Inner Harbor, Piper Rudnick, LLC, and Loudoun County, VA Public School System. Roz's programs create an experience that entertains as well as builds and encourages sustainable growth. Roz is the author of Live Life Laughing (2000).