

HumorFusionsm

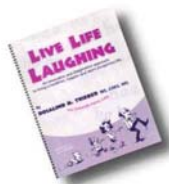
Successful Strategies for People Under Pressure



ABOUT ROZ: Keynotes, Seminars, Retreats

Roz Trieber is a dynamic motivational humorist, author, and health educator who works with organizations to reduce workplace negativity, increase productivity, and facilitate academic success incorporating evidenced-based humor and simple theater arts.

She has over 20 years' experience teaching people how to **manage stress, and laugh at life**. Roz is the author of *The Joy of Living; the Journal That Inspires You to Live Life Laughing* (2007), *Live Life Laughing: An Innovative and Imaginative Approach to Living A Healthier, Happier and More Prosperous Life* (2000), co-authored *43 Ways To Keep You and Your Taste Buddies Happy: Outrageous and Hilarious Humor Laced Between 43 Healthy and Delicious Recipes* (2000), and *Life After Schmaltz* (1990).



Through her effective and creative keynotes and seminars/workshops, Roz helps organizations and individuals realize the great benefits of humor associated with improved **health, increased learning, and increased productivity and profits**. She is a frequent speaker before all types of business, health care organizations, and educational organizations. **Her presentations create an experience that entertains, as well as builds and encourages sustainable growth for survival in the future. Her message "Tickles the Soul."**

Roz earned her Master's degree in Community Health Education from Towson University, and embellished that with earned credentials as a Certified Humor Presenter and her inborn talents as an NFL (Naturally Funny Lady). Roz earned her **"FISH!ing License"** to spread the benefits of **the FISH! Philosophy** and is **adjunct faculty at Towson University** in Towson, Maryland. She is president-elect of the National Speaker's Association of D.C, and past board member of the Association for Applied and Therapeutic Humor. Roz is a member of the **National Speaker's Association**, the International Society for Humor Studies, Society for Public Health Education, and a past commissioner for the Human Relations Commission of Baltimore County.



Roz. Trieber, MS, CHES (certified health education specialist)
3740 Greenway Lane Owings Mills, Maryland 21117-1418
Phone: 410-998-9585 • Fax: 410-356-5921
E-mail: roz@humorfusion.com • www.humorfusion.com
Division of Trieber Associates, Inc.